

B.S. in SPORTS MEDICINE



Warner Pacific University 4-Year Degree Plan

This sample curriculum is designed to show you how a program may be constructed to complete the major in 4 years. Various factors can influence your personal degree plan, including transfer coursework. You should work with your academic advisor to design a personalized program of studies.

This program includes multiple courses that are offered every 2 years on a rotating basis. Course offerings will vary depending on the date of your entry into the program.

FIRST YEAR- Fall Semester	15 Credits	FIRST YEAR- Spring Semester	15 Credits
~ EN 121 English Composition I	3	~ EN 122 English Composition II	3
~ URB 160 FYLC Topics Course	3	+ KIN 230 Introduction to Kinesiology	3
~ HE 150 Personal Health & Fitness	2	+ BUS 195 Internship Prep	2
~ BI 151 Bible as Sacred Story	3	~ IT core	3
Elective (MA 90, if needed)	4	Elective (MA 95, if needed)	4

+ ~ BIO 221 Human Anatomy & Physiology I	4	+ BIO 222 Human Anatomy & Physiology II	4
+ HE 240 Nutrition	3	+ ~ MA 243 Introduction to Statistics	3
+ ~ SRM 380 Sports Ethics	3	~ Historical & Cultural Knowledge Core	3
~ Diversity Core (HE 340 is recommended)	3	~ ILR 300 Adv Info Literacy & Research	3
Elective Courses	2	Elective Courses	2

+ SM 410 Therapeutic Modalities (Even) OR + SM 311 Athl. Injuries – Lower Body (Odd)	3	+ SM 312 Athl. Injuries – Upper Body (Even) OR + SM 420 Therapeutic Exercise and Rehab (Odd)	3
~ REL 320 Spirituality, Char, & Service (Even) OR + KIN 325 Biomechanics (Odd)	3	+ SM 393 Research Methods (Even) OR ~ Critical Thinking Core (Odd)	3
Elective Course (Even) OR KIN 320 Exercise Prescription (Odd)	2	+ KIN 475 Exercise Physiology	4
Elective Courses	7	Elective Courses	5

+ SM 410 Therapeutic Modalities (Even) OR + SM 311 Athl. Injuries – Lower Body (Odd)	3	+ SM 312 Athl. Injuries – Upper Body (Even) OR + SM 420 Therapeutic Exercise and Rehab (Odd)	3
~ REL 320 Spirituality, Char, & Service (Even) OR + KIN 325 Biomechanics (Odd)	3	+ SM 393 Research Methods (Even) OR ~ Critical Thinking Core (Odd)	3
Elective Course (Even) OR KIN 320 Exercise Prescription (Odd)	2	+ KIN 494 Internship	2
+ KIN 490 Senior Seminar	1	~ HUM 310 Exploring the Human Condition	3
Elective Courses	6	Elective Courses	4

Key: ~ General Education Core Requirement

^ Major Prerequisite Requirement

+ Major Requirement

WPU Baccalaureate Degree Requirements

In order to earn a baccalaureate degree at WPU, you need to complete the following:

- All major and GE core requirements with grades of at least C- in each course
- A total of 120 semester credits, including at least 40 upper-division credits (300-level and 400-level courses)
- A cumulative GPA of at least 2.0.

Please refer to the catalog for specific options in each GE Core area and for additional information regarding degree requirements.

Visit www.warnerpacific.edu for more information.

WPU – 4/22/25