

# BS in Kinesiology

## Transfer Guide for Portland Community College



Warner Pacific University is committed to serving students by providing clear pathways for baccalaureate degree completion. This pathway outlines a 2+2 plan for the baccalaureate degree: 2 years (or equivalent) of community college coursework plus 2 years at WPU to complete the degree.

### Years 1 & 2: Courses You Should Take at Portland Community College

□ **Total Credits** Complete at least 90 quarter credits (60 semester credits) of transferrable coursework.

□ **General Education Core** Meet the lower-division general education core through one of these options.

Option 1: Complete the AAOT to meet the general education core

OR

Option 2: Complete the specific general education core course requirements (grades of C- or higher) as follows:

- Written Communication (2 courses)
- Information Technology (1 course)
- Science (1 course)
- Mathematics (1 course)
- Hist/Cultural Knowledge (1 course)
- Critical Thinking & Strategic Action (1 course)
- Holistic Worldview (1 Health Course + 1 PE Course)
- Ethics (1 course)
- Appreciation of Diversity (1 course)
- Urban Life (1 course)

*Please see the WPU General Education Core Transfer Guide for a list of acceptable courses in each of these areas*

□ **Major Courses** Prepare for your major at WPU by completing these courses (grades of C- or higher)

<u>Course Title</u>	<u>PCC Course Number</u>	<u>WPU Course Number</u>
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**Major Courses:** Must be completed before transfer to stay on track with the 2+2 plan

- |                                      |                    |             |
|--------------------------------------|--------------------|-------------|
| ○ Precalculus                        | MA 112             | MA 115      |
| ○ Anatomy & Physio Sequence (1 year) | BI 231 + 232 + 233 | BIO 221+222 |

**Major Courses:** May be completed either at community college or at WPU

- |                                     |                                                                               |                    |
|-------------------------------------|-------------------------------------------------------------------------------|--------------------|
| ○ Introductory Chemistry (1 course) | CH 101 or 104                                                                 | CHEM 111           |
| ○ General Biology (1 course)        | <i>Preferred:</i> BI 211 or 212<br><i>Should include Human Biology topics</i> | BIO 211 or BIO 212 |
| ○ Statistics                        | MTH 243                                                                       | MA 242             |
| ○ Nutrition                         | FN 225                                                                        | HE 240             |
| ○ General Physics I                 | PHY 201                                                                       | PHY 221            |

### Years 3 & 4: Courses You Will Take at Warner Pacific University

□ **Total Credits** Complete an additional 60 semester credits to reach 120 total semester credits  
Include at least 40 credits of upper-division courses (300-level or 400-level)

□ **General Education Core** Take the 3 required advanced core courses at WPU (grades of C- or higher)

- ILR 300 Advanced Information Literacy & Research
- HUM 310 Exploring the Human Condition
- REL 320 Spirituality, Character, and Service

□ **Major Courses** Complete your major at WPU by taking these courses (grades of C- or higher)

- Any major courses from the table above that you did not complete before transfer
- BUS 195 Internship Preparation
- KIN 230 Intro to Kinesiology
- KIN 325 Biomechanics
- KIN 475 Exercise Physiology
- KIN 490 Senior Seminar
- KIN 494 Internship
- SM 311 Clinical Evaluation- Lower Body
- SM 312 Clinical Evaluation- Upper Body
- SM 393 Research Methods in Sports Medicine
- SM 410 Therapeutic Modalities
- SM 420 Therapeutic Exercise & Rehab

*Please note that this list provides a general outline of the major requirements at WPU, which may be adjusted and updated periodically.*