

BS in Kinesiology & Sports Medicine (Double Major)



Transfer Guide for Portland Community College

Warner Pacific University is committed to serving students by providing clear pathways for baccalaureate degree completion. This pathway outlines a 2+2 plan for the baccalaureate degree: 2 years (or equivalent) of community college coursework plus 2 years at WPU to complete the degree.

Years 1 & 2: Complete the AAS in Exercise Science at PCC

- **Total Credits** Complete at least 90 quarter credits (60 semester credits) of transferrable coursework as part of your AAS Exercise Science curriculum

- **General Education Core**

The completed AAS in Exercise Science degree meets the following core requirements at WPU. All courses must be completed with grades of C- or higher.

<u>WPU Core Requirement</u>	<u>PCC Course Number</u>	<u>WPU Course Number</u>
○ English Composition I	WR 121	EN 111
○ Science Course	FT 131	BIO 121
○ Health Course	HE 295	HE 150
○ PE Course	PE 181 A or B or C	PE 101
○ Historical & Cultural Knowledge Course	Arts & Letters Course	Varies
○ Diversity Course	Social Science Course	Varies

- **Major Courses**

The completed AAS in Exercise Science degree meets the following major requirements at WPU. All courses must be completed with grades of C- or higher.

<u>WPU Major Requirement</u>	<u>PCC Course Number</u>	<u>WPU Course Number</u>
○ Internship Preparation	FT 180 & FT 280	BUS 195
○ Sports Nutrition	FT 103	HE 330
○ Biomechanics	FT 106	KIN 325
○ Exercise Physiology	FT 107 & 204	KIN 475
○ Care & Prevention or Athletic Injuries	FT 110	KIN 350
○ Exercise Prescription	FT 105 & FT 201	HE 310

- **Required Foundation Courses**

These foundation courses are required for the program at WPU and may be taken at either PCC or WPU. Students are recommended to take as many of these courses at PCC as possible in order to facilitate timely degree completion. All courses must be completed with grades of C- or higher.

<u>WPU Required Course</u>	<u>PCC Course Number</u>	<u>WPU Course Number</u>
○ Statistics	MTH 243	MA 242
○ Precalculus	MTH 112	MA 115
○ Nutrition	FN 225	HE 240
○ Communication Course	Any COMM course	Varies
○ English Composition II	WR 122	EN 112

- **Recommended Courses for DPT Students**

These foundation courses are required for the program at If a student is planning to enter a Doctorate of Physical Therapy (DPT) program, additional recommendations are as follows (can be taken at PCC or WPU)

<u>Recommended Science Course</u>	<u>PCC Course Number</u>	<u>WPU Course Number</u>
○ Full Year Chemistry Sequence	CH 221 + 222 + 223	CHEM 211 + 212
○ Full Year Physics Sequence	PHY 201 + 202 + 203	PHY 222 + 223
○ General Psychology + One Additional Psychology Course	PSY 201A or 202A Additional PSY course	PSY 140 Additional PSY course

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Years 3 & 4: Courses You Will Take at Warner Pacific University

□ **Total Credits**

- Complete an additional 60 semester credits to reach 120 total semester credits
- Include at least 40 credits of upper-division courses (300-level or 400-level)

□ **Required Foundation Courses (if not already completed)**

Any of these courses that were not already taken at PCC will need to be completed at WPU:

Required Foundation Courses

- MA 242 Statistics (for core and major)
- MA 115 Precalculus (for core and major)
- HE 240 Nutrition (for major)
- Communication Course (for core)
- EN 112 English Composition II (for core)

□ **Upper-Division General Education Core**

Take the 3 required advanced core courses at WPU (grades of C- or higher)

Required Upper-Division Core Courses

- ILR 300 Advanced Information Literacy & Research
- HUM 310 Exploring the Human Condition
- REL 320 Spirituality, Character, and Service

□ **Major Courses**

Complete your major at WPU by taking these courses (grades of C- or higher)

Note: If there are any major courses from the tables above that you did not complete before transfer, then you will need to complete the courses at WPU to meet the major requirements

Required Major Courses

- KIN 230: Intro to Kinesiology
- KIN 490 Senior Seminar
- KIN 494 Internship (3 credits)
- SM 311 Clinical Eval of Sports Injuries- Lower Body
- SM 312 Clinical Eval of Sports Injuries- Upper Body
- SM 393 Research Methods in Sports Medicine
- SM 410 Therapeutic Modalities

Required Major Courses (Continued)

- SM 420 Therapeutic Exercise
- SRM 250 Sports Ethics
- KIN 310 Motor Learning
- HE 410 Fitness and Chronic Disease
- SRM 340 Sports Psychology
- HE 370 Strength and Conditioning

Please note that this list provides a general outline of the major requirements at WPU, which may be adjusted and updated periodically.