

# B.S. in KINESIOLOGY

## Warner Pacific University 4-Year Degree Plan



This sample curriculum is designed to show you how a program may be constructed to complete the major in 4 years. Various factors can influence your personal degree plan, including transfer coursework. You should work with your academic advisor to design a personalized program of studies.

This program includes multiple courses that are offered every 2 years on a rotating basis. Course offerings will vary depending on the date of your entry into the program.

### Plan for Entry in an Odd Year (Fall 2021, Fall 2023, etc.)

FIRST YEAR- Fall Semester	15 Credits	FIRST YEAR- Spring Semester	16 Credits
~ EN 111 English Composition I	4	~ EN 112 English Composition II	4
~ URB 160 FYLC Topics Course	3	+ KIN 230 Introduction to Kinesiology	3
~ HE 150 Personal Health & Fitness	2	+ BUS 195 Internship Prep	2
~ PE Course	1	^ ~ MA 115 Precalculus	4
MA 95 Intermediate Algebra (if needed, or elective)	3	~ BI 151 Bible as Sacred Story	3
Elective Courses	2		

SECOND YEAR- Fall Semester	15 Credits	SECOND YEAR- Spring Semester	15 Credits
+ ~ BIO 221 Human Anatomy & Physiology I	4	+ BIO 222 Human Anatomy & Physiology II	4
+ HE 240 Nutrition	3	+ ~ MA 242 Introduction to Statistics	3
+ ~ SRM 250 Sports Ethics	3	~ Historical & Cultural Knowledge Core	3
~ ILR 300 Adv Info Literacy & Research	3	Elective Courses	5
Elective Courses	2		

THIRD YEAR- Fall Semester	15 Credits	THIRD YEAR- Spring Semester	15 Credits
+ PHY 221 General Physics I	4	+ BIO 212 General Biology II	4
+ KIN 325 Biomechanics	3	+ HE 410 Fitness & Chronic Disease	3
+ KIN 310 Motor Learning	3	~ Critical Thinking Core	3
~ REL 320 Spirituality, Character, & Service	3	Upper-Division Elective Courses	3
Elective Courses	2	Elective Courses	2

FOURTH YEAR- Fall Semester	15 Credits	FOURTH YEAR- Spring Semester	15 Credits
+ CHEM 211 General Chemistry I	4	+ KIN 475 Exercise Physiology	4
+ KIN 490 Senior Seminar	1	+ KIN 494 Internship	2
~ Diversity core	3	~ HUM 310 Exploring the Human Condition	3
Upper-Division Elective Courses	7	Upper-Division Elective Courses	6

Key: ~ General Education Core Requirement    ^ Major Prerequisite Requirement    + Major Requirement

### WPU Baccalaureate Degree Requirements

In order to earn a baccalaureate degree at WPU, you need to complete the following:

- All major and GE core requirements with grades of at least C- in each course
- A total of 120 semester credits, including at least 40 upper-division credits (300-level and 400-level courses)
- A cumulative GPA of at least 2.0.

Please refer to the catalog for specific options in each GE Core area and for additional information regarding degree requirements.

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### Plan for Entry in an Even Year (Fall 2022, Fall 2024, etc.)

FIRST YEAR- Fall Semester	15 Credits	FIRST YEAR- Spring Semester	16 Credits
~ EN 111 English Composition I	4	~ EN 112 English Composition II	4
~ URB 160 FYLC Topics Course	3	+ KIN 230 Introduction to Kinesiology	3
~ HE 150 Personal Health & Fitness	2	+ BUS 195 Internship Prep	2
~ PE elective	1	^ ~ MA 115 Precalculus	4
MA 95 Intermediate Algebra (if needed, or elective)	3	~ BI 151 Bible as Sacred Story	3
Elective Courses	2		

SECOND YEAR- Fall Semester	15 Credits	SECOND YEAR- Spring Semester	15 Credits
+ ~ BIO 221 Human Anatomy & Physiology I	4	+ BIO 222 Human Anatomy & Physiology II	4
+ HE 240 Nutrition	3	+ ~ MA 242 Introduction to Statistics	3
+ ~ SRM 250 Sports Ethics	3	~ Historical & Cultural Knowledge Core	3
~ ILR 300 Adv Info Literacy & Research	3	Elective Courses	5
Elective Courses	2		

THIRD YEAR- Fall Semester	15 Credits	THIRD YEAR- Spring Semester	15 Credits
+ CHEM 211 General Chemistry I	4	+ KIN 475 Exercise Physiology	4
~ HE 340 Current Health Issues	3	~ REL 320 Spirituality, Character, & Service	3
~ SRM 340 Sports Psychology	3	~ Critical Thinking Core	3
Upper-Division Elective Courses	5	Upper-Division Elective Courses	5

FOURTH YEAR- Fall Semester	15 Credits	FOURTH YEAR- Spring Semester	15 Credits
+ PHY 221 General Physics I	4	+ BIO 212 General Biology II	4
+ KIN 325 Biomechanics	3	+ HE 410 Fitness & Chronic Disease	3
+ KIN 310 Motor Learning	3	+ KIN 494 Internship	2
+ KIN 490 Senior Seminar	1	~ HUM 310 Exploring the Human Condition	3
Upper-Division Elective Courses	4	Upper-Division Elective Courses	3

Key: ~ General Education Core Requirement    ^ Major Prerequisite Requirement    + Major Requirement

### WPU Baccalaureate Degree Requirements

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