

## National Emotional First Aid Course - One Day Only Workshop!

Have you wondered what to say to someone during or after a time of crisis? The TIP National Emotional First Aid Course will give you the specific skills needed to assist friends, neighbors, coworkers, clients, family members and strangers immediately following any type of tragedy.

### SPECIFIC TOPICS INCLUDED IN THE COURSE

- What to say and what not to say to a survivor of a traumatic event
- How to give a compassionate death notification
- Understanding emotional shock
- The 5 “Emotional First Aid” skills
- What family members need after a sudden death
- Caring vs. Curing
- The one characteristic survivors of tragic events value most

This course will be held in McGuire Auditorium at Warner Pacific University on Saturday 4, February 2023 from 8AM-4PM. Materials cost \$30, and the course is open to all WPU employees and students, as well as the community so feel free to invite family and friends! Learners may take the course for 1 credit, pay \$150 to cover materials and the course administration fee, and will be required to write a short paper to receive credit. All learners not wanting credit may simply pay the \$30 materials fee. All learners receive a certificate. The course qualifies for **continuing education credit (CE)**.

### Registration Procedures

1. WPU (and Alliance Institutions) Traditional students should register for the PSY 340 course through MyWP.
  - **Credit:** Learners will be charged a \$30 materials fee, and the credit will be part of their tuition block.
  - **Audit:** Learners will be charged the \$30 materials fee.
  - **Alliance-Institution Traditional Students** will be charged a \$30 materials fee for credit and audit!
2. WPU PGS students should work with their academic advisor to register for PSY 340A.
  - **Credit:** Learners will be charged \$150 for the materials and course administration fee.
  - **Audit:** Learners will be charged the \$30 materials fee.
3. Guest students, including WPU employees, will need to submit a registration form to the Records Office for PSY 340. The payment for the course must be submitted to Student Financial Services at the same time the form is submitted. Please contact [records@warnerpacific.edu](mailto:records@warnerpacific.edu) for assistance with the registration paperwork.
  - **Credit:** The student will be charged \$150 for the materials and course administration fee.
  - **Audit:** The student will be charged the \$30 materials fee.

**ALL REGISTRATIONS MUST BE RECEIVED BY 1/27/23 in the Records Office to ensure enough materials for participants.**

**Questions?** Contact [records@warnerpacific.edu](mailto:records@warnerpacific.edu) or Courage Mudzongo, Ph.D., CFLE [CMudzongo@warnerpacific.edu](mailto:CMudzongo@warnerpacific.edu)