

Some things to know...

about your counseling visit here at WPU Caldwell House

Our greatest concern is for your wellbeing and the wellbeing of our counselors.

Help us to help you by reading and following the simple guidelines on this sheet.

First, if you have the following symptoms please don't enter the building. Contact your therapist via email, and let them know what is going on. They can reschedule with you or see you for a telehealth visits until you are feeling better and if needed have a clear Covid-19 test from a health care practitioner.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Second, Please wear a mask at all times, even if fully vaccinated while in the building. If you don't have one there is a box right inside the front door with a free one for you!

Third, if you are waiting for your session in the living area of the Counseling Center, entering, or leaving the building please respect social distancing guidelines by sitting and walking apart from others that may be in this area as well (at least 6').

Fourth, if you find that after a session you have symptoms that lead you to believe that you have contracted Covid-19, or you have a positive test for Covid-19, please let your therapist know. Your confidentiality will be respected, but it is a courtesy to your therapist and those that they come into contact with.

What you can expect during an in person session while COVID is a factor in our daily life.

- ✓ Your Therapist will wear a mask while in session and greeting you.
- ✓ Your therapist will sterilize their hands and the surfaces in the office that you meet in between each client session.
- ✓ Your therapist will not report to work with any symptoms of illness as described earlier in this form.
- ✓ If your therapist becomes sick and tests positive for Covid-19 you will be notified about this situation through the email that you have provided, or via phone call if possible (this may come as a call from Gene Hall the Center Director). Your therapist will maintain social distancing while greeting you, meeting with you, and, if needed, seeing you out.
- ✓ Your therapist is open to hearing your concerns about issues related to the spread of Covid-19 and your time at the Counseling Center.