

2018 – 2019 Warner Pacific University Catalog Nursing Addendum

Warner Pacific University's Nursing Programs exist to educate and prepare students with diverse backgrounds to flourish as professional nurses advocating for recipients of care. As offerings of a Christ-centered, urban, liberal arts university, the Nursing Programs engage diverse students in an innovative, formational learning community. Faculty and students co-develop and nurture self-aware and culturally intelligent nurses. Students demonstrate professional skill, ethical practice, compassionate care, a collaborative spirit, and a commitment to lifelong learning and nursing excellence.

RN to BSN Degree Program (available through PGS Program): For the RN who holds an Associate Degree in Nursing and an unencumbered Registered Nurse License.

Prelicensure BSN Degree Program: For the traditional or transfer student who seeks a BSN Degree Program that prepares graduates to take the NCLEX-RN, obtain a State-issued license to practice, and pursue employment as an RN.

Major: Nursing

Initial Licensure: Generalist BSN-prepared graduates are eligible to take the NCLEX-RN. Upon passing, the selected State Board of Nursing reviews applications and issues licenses.

Major Statute of Limitations: Prerequisite science courses must have been completed within seven years. Courses in the upper division Nursing Cohort must be completed within five years of matriculation.

REQUIRED PREREQUISITE COURSES (28 Credits):

BIO 221	Human A & P I (4)
BIO 222	Human A & P II (4)
BIO 370	Microbiology (4)
PHS 111	Introduction to Chemistry (4)
MA 104	Math for Liberal Arts (3)
PSY 140/PSY 141	General Psychology (3)
SOC 140	Sociology (3)
HD 330	Life Span Human Development (3)

SUGGESTED COURSES (for areas of interest and/or if needed for general education core requirements):

BIO 212	General Biology II (4)
BIO 250	Genetics (4)
HE 150	Personal Health and Fitness (2)
or	
HE 240	Nutrition (3)
MA 342	MA 342 Statistics (4)
PHIL 300	Ethics (3)
REL/SOC 310	Religions of the World (3)
or	
TH/SOC 470	Christian Social Concern (3)
SS 351	Cultural Anthropology (3)
or	
SOC/HIS 340	Ethnic Relations in America (3)

B.S. in Nursing Major Requirements

53-56 credits: 53 credits in residence, 50 credits upper division

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| ○ NURS 210 | Interprofessionalism in Nursing | 3 |
| ○ NURS 301 | Pathophysiology | 3 |
| ○ NURS 302 | Pharmacology | 3 |

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○ NURS 336	Health Assessment and Health Promotion (Didactic, Skills Lab Practicum)	4
○ NURS 340	Medical-Surgical Nursing I: Providing Care (Didactic, Skills Lab Practicum, Clinical)	5
○ NURS 350	Diversity, Equity, and Advocacy	3
○ NURS 370	Research, Statistics, and Evidence-Based Practice	3
○ NURS 380	Maternal and Neonatal Health Nursing (Didactic, Skills Lab Practicum, Clinical)	3
○ NURS 390	Elective Externship (if desired, available) (Seminar, Skills Lab Practicum, Clinical)	2-3
○ NURS 400	Child and Adolescent Health Nursing (Didactic, Clinical)	3
○ NURS 410	Family and Community Health Nursing (Didactic, Clinical)	3
○ NURS 440	Medical-Surgical Nursing II: Managing Care (Didactic, Skills Lab Practicum, Clinical)	5
○ NURS 460	Leadership I: Epidemiology, Prevention & Informatics	3
○ NURS 470	Mental Health Nursing (Didactic, Clinical)	3
○ NURS 480	Leadership II: Caring, Safety and Leadership (Didactic, Leadership Practicum, Clinical)	3
○ NURS 490	Leadership III: Leadership and Management Capstone (Seminar, Leadership Practicum, Clinical)	6

BSN DEGREE PROGRAM OUTCOMES: Graduates of the Warner Pacific University prelicensure BSN Degree Program will:

1. Provide professional nursing care informed by a deep and broad exposure to the liberal arts, sound critical thought, and a synthesis of ethical, legal, and moral standards.
2. Exhibit a person-centered approach to managing care that is balanced with attention to the needs of all, with compassion for those who are underserved, a commitment to justice and mercy, and respect for difference that flows from a grounded self-awareness.
3. Demonstrate sound self-management that enables perseverance, adaptability, successful functioning in the midst of ambiguity and paradox, and the ability to address priorities appropriately.
4. Communicate effectively with diverse patients, families, healthcare providers, and community members.
5. Work both independently and collaboratively in interdisciplinary teams to provide effective patient-centered care.
6. Understand and apply current evidence to inform population-based care in nursing practice and healthcare leadership roles.
7. Incorporate health promotion and disease and injury prevention, based on current evidence, into nursing practice with individuals, families, groups, communities, and populations.
8. Participate in planning, implementing, and evaluating healthcare technology to facilitate safe, effective, ethical, and cost-effective patient care.
9. Utilize leadership and communication skills to contribute to the ongoing improvement of nursing and healthcare practices and policies affecting patients and communities locally, nationally, and globally.
10. Continuously cultivate leadership skills and systemic thinking to ensure effective navigation of complex systems and rapidly changing regulatory environments.
11. Plan, implement, and evaluate person-centered, goal-directed nursing care based on a holistic assessment of diverse individuals, families, groups, communities, and populations across the lifespan, including compassionate end of life care.

ADMISSION TO THE NURSING PROGRAM

The prelicensure BSN Degree Program has established the criteria for admission that it believes will best position students to be successful and in accordance with common academic nursing requirements.

The application approval process includes:

1. Verification through transcript analysis by WPU's Records Office for completion of the following prerequisite courses (science courses within the past seven years):
 - a. Human Anatomy & Physiology series (not introductory), equivalent to two semesters
 - b. 1 course in Microbiology with lab
 - c. 1 course in Chemistry with lab
 - d. 1 college level Math course (≥ 100 level)

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- e. 1 course in General Psychology
 - f. 1 course in General Sociology
 - g. 1 course in Life-Span Human Development
 - h. Junior standing with an advisor-approved plan to complete general education core requirements not scheduled within the BSN Degree Program
2. Verification through transcript analysis by WPU's Records Office of a cumulative grade point average (GPA) of 2.5 or higher from all previous college coursework.
 3. Verification through transcript analysis by WPU's Records Office of a cumulative GPA of 2.5 or higher on all prerequisite science courses taken within the past seven years. Note: For science courses taken more than once in the past seven years, the Records Office will use the higher GPA of the first two attempts for this calculation.
 4. Submission of your response to the following essay question: Diversity is a core theme of Warner Pacific University and increasing diversity in nursing is a goal of the Department of Nursing. In 500 words or less (typed, double-spaced with one-inch margins), please discuss why you think it is important to have diverse persons in healthcare delivery and how in the future you will contribute to diversity in nursing.
 5. Submission of your information regarding current or previous healthcare experience. You may upload a resume or short response that identifies any current or previous healthcare experience and any education, training, license, or certification you have had in a healthcare-related field (e.g., LPN, CNA, EMT, Military Medic, etc.).
 6. Submission of the name and email address for two recent faculty who know you well and are willing to complete a recommendation form.

Priority admission to the Fall Semester 2019 BSN Degree Program:

1. Prospective students: Apply to Warner Pacific University, completing all elements (WPU essays, official transcripts, FAFSA if you are planning to file one, etc.).
2. Current students: When you have met prerequisite and general education core requirements (or are completing these in the current academic term or have an approved plan), submit your completed BSN Degree Program application electronically to Dr. Linda Campbell, RN (lscampbell@warnerpacific.edu) for items 4 through 6, above, by March 1, 2019, 5 pm.
3. The Department of Nursing reserves the right to request an interview (virtual or face-to-face) to determine fit with the BSN Degree Program.

The Department of Nursing will make decisions by April 1, 2019, 5 pm, and will notify accepted students by phone and email. Those accepted into the BSN Degree Program will have until May 1, 2019, 5 pm, to submit a \$200 tuition deposit to secure their spot.

LOCATION: Warner Pacific University (WPU) Professional and Graduate Studies Campus, one mile east of Mt. Tabor Campus near Division & I-205: 2600 SE 98th Ave., Suite 200, Classrooms 1-3, Portland, OR 97266. Clinical experiences are at a variety of facilities across the Portland metro area.

TUITION: See Warner Pacific University Catalog for Current WPU Tuition and WPU Fees

NURSING FEES: \$700/semester

- Kaplan NCLEX-RN Preparation Program: Used throughout the program
- ACEMAPP/StudentMAX Connections: Clinical placement fee, regulatory information and testing (e.g., HIPAA, blood-borne pathogens), background check, and "clinical passport" tracking
- ANA Bundle: 3-pack of professional resources for Scope of Practice, Standards, and Code of Ethics, used throughout the program
- iClickers: Classroom engagement device
- Skills Lab and Simulation Lab: Equipment, supplies, and consumables

OTHER FIRST SEMESTER COSTS:

- Textbooks and other resources
- Individual consumable supplies:
 - Scrubs (two sets): Purchase from WPU-Medline Website
 - Stethoscope
 - Bandage scissors
 - Watch with second hand

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COSTS ASSOCIATED WITH CLINICAL ACTIVITIES:

- Clinical Passport Requirements: Variable (e.g., any needed immunizations)
- Travel and parking fees associated with clinical rotation sites

COSTS ASSOCIATED WITH GRADUATION:

- Graduation Application (included in final semester WPU fee)
- Nursing Pin

NOTE TO STUDENTS ABOUT FINANCIAL AID:

For students not planning to use Federal Financial Aid: WPU's Student Financial Services Department requires students to file a FAFSA waiver and meet with a representative to discuss payment options.

MAINTAINING GOOD STANDING IN THE NURSING PROGRAM

In order to maintain good standing and eligibility to earn a BSN Degree, students who have been admitted to the Nursing Major must:

1. Maintain a cumulative grade point average of 2.0 or higher and a minimum GPA of 2.5 in Nursing courses. Each course in the major must be passed with a minimum grade of "C-".
2. Declare and document any subsequent reportable behavior (as gathered in a background check) after program admission.

COURSE DESCRIPTIONS

NURS 210

Interprofessionalism in Nursing

(3 credits)

This didactic course socializes BSN students from the cornerstone of a liberal arts education to interprofessionalism within professional nursing practice according to an organizing framework. The framework features WPU core themes, nursing metaparadigm concepts, essentials of nursing education, and standards of professional nursing practice. The course explores nursing as a theory-driven discipline and values-based profession whose members collaborate with other professionals to improve health outcomes for diverse recipients of care across the lifespan, including at end of life. Prerequisites: Completion of General Education Core and Pre-Nursing Courses with a GPA of > 2.5.

NURS 301

Pathophysiology

(3 credits)

Description: This didactic course focuses on concepts of pathophysiology essential to understanding diseases and disabling conditions that can affect body systems across the lifespan. Provision of holistic, patient-centered care depends on an understanding of pathophysiology. Prerequisites: Completion of General Education Core and Pre-Nursing Courses with a GPA of > 2.5.

NURS 302

Pharmacology

(3 credits)

Description: This didactic course examines pharmacotherapeutic agents used in the treatment of illness and the promotion, maintenance, and restoration of wellness in diverse individuals across the lifespan, including at end of life. Content emphasizes principles of pharmacokinetics, pharmacodynamics, and pharmacogenetics/genomics in the treatment of prevalent illnesses and pain management. The course includes concepts of safe drug administration and monitoring of the effects of selected pharmacotherapeutic agents. Content also addresses clinical prevention through principles of "farmacology" (organic and whole food approaches). Prerequisites: Completion of General Education Core and Pre-Nursing Courses with a GPA of > 2.5.

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NURS 336

Health Assessment and Health Promotion

(4 credits)

This didactic and skills development course provides students with further application of the nursing process and critical thinking skills integral to nursing interventions for primary, secondary, and tertiary prevention. In a laboratory setting and building on knowledge from the liberal arts, students will expand and refine the observational and psychomotor skills required for assessing the health status and needs of patients across the lifespan, with a focus on the health of adult men and women and older adults. Pre- or Co-requisites: Completion of General Education Core and Pre-Nursing Courses with a GPA of > 2.5 and NURS 210.

NURS 340

Medical-Surgical Nursing I: Providing Care

(5 credits)

This didactic, skills development, and clinical course introduces medical-surgical nursing practices in the provision of care for diverse adults and older adults, including at end of life. The course examines and applies convictions, knowledge, skills, and attitudes arising from a liberal arts foundation, professional standards, evidence-based practice guidelines, and interprofessionalism to patient care. A key topic is pain management. Prerequisites: NURS 210, NURS 301, NURS 302, and NURS 336.

NURS 350

Diversity, Equity and Advocacy

(3 credits)

This didactic course examines the importance of cultural intelligence and advocacy in the processes of increasing quality of care, decreasing cost of care, increasing access to care, and improving interprofessional communication and collaboration on behalf of diverse recipients of care. Concepts of various socio-cultural, economic, educational, and cultural communication patterns, as well as geographical location, are examined as influences in healthcare processes for both patient and care provider. Equitable frameworks of health care are examined to develop strategies of patient and provider advocacy, to address access to quality care, and to create healthcare environments where patients and interprofessional providers are valued for their unique cultural backgrounds, empowered to engage in healthcare processes, and supported to achieve their healthcare goals. Prerequisite: NURS 210.

NURS 370

Research, Statistics and Evidence-Based Practice

(3 credits)

This didactic course serves as an introduction to the research process and its integration into professional nursing practice. Students learn how to discern between quantitative and qualitative research, how to locate and critically analyze nursing research, and how to identify their role in the research process as professional nurses. Statistical methods used in nursing research are introduced and applied in the context of reading current nursing research. Students will apply the steps of the research process to address a patient care problem identified in clinical practice. Students will also analyze and evaluate nursing research literature and various evidence-based practice models for their effect on healthcare equity and accessibility. Prerequisites: NURS 340 and NURS 350.

NURS 380

Maternal and Neonatal Health Nursing

(3 credits)

This didactic, skills development, and clinical course extends the art and science of nursing and the various roles of the nurse as they apply to diverse and self-identified childbearing families. Students use the nursing process and QSEN competencies to relate to biophysical, psychosocial, cultural, and spiritual principles that have an impact on the childbearing family. Best evidence forms the basis for nursing care and management. The course also addresses family theories and dynamics and emphasizes a family-centered approach during antepartum, intrapartum, postpartum, and neonatal clinical experiences. Prerequisites: NURS 340 and NURS 350.

NURS 390

Elective Externship

(2-3 credits)

This pass/fail elective externship is a clinical immersion for nursing students who have completed their junior year. Participating

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students, under the preceptorship of a registered nurse, provide direct patient care in selected health care settings. The clinical practicum of 24-36 hours per week focuses on the nursing process, critical thinking, organizational skills, clinical competency, and decision-making in the practice setting. A clinical agency may offer a paid practicum, which is negotiated with individual students at the time of application. Supporting seminars, held every other week during the externship, bring students together with course faculty to discuss ethical, legal, and professional practice issues through the lens of the program's organizing framework. All students and preceptors are in communication with the course faculty or clinical Instructor through site visits and weekly conferences. Prerequisites: NURS 340 and NURS 350.

NURS 400

Child and Adolescent Health Nursing

(3 credits)

This didactic and clinical course focuses on the art and science of providing ethical, evidence-based nursing care to diverse children and adolescents within ANA standards, National Patient Safety Goals, and the QSEN Institute's quality and safety framework. Utilizing current patient care technologies and practice guidelines, the course emphasizes the understanding of pathophysiology unique to pediatric and adolescent populations in the provision of quality nursing care. For each developmental level, course content holistically addresses relevant anticipatory guidance, health promotion, and developmentally appropriate communication strategies. In addition, the course examines health care policy, finance, and regulatory environments affecting diverse children and adolescents. Prerequisites: NURS 340 and NURS 350.

NURS 410

Family and Community Health Nursing

(3 credits)

This didactic and clinical course introduces students to the extension of nursing to a patient's family, to health of diverse families in a larger geographic community, and to community-based health care and prevention topics, with an emphasis on social justice and equity. Students develop an understanding of the history of community health nursing, along with the various roles, delivery systems and models, and stratification of services that form the foundation of community health nursing. Students practice the role of a community health nurse with public and home health care systems, with an emphasis on reflecting increased cultural intelligence (competence and humility). Building on existing skills, students will assess health needs, plan, and implement appropriate primary, secondary, and tertiary prevention interventions for diverse and vulnerable population groups in a variety of community settings, emphasizing safe and ethical practice. Evaluation of political processes related to emergency preparedness, local community health funding, and equitable patient/family/community access to healthcare is included. Prerequisites: NURS 340 and NURS 350.

NURS 440

Medical-Surgical Nursing II: Managing Care

(5 credits)

This didactic, skills refresher, and clinical course presents the nurse's advanced roles of designer, manager, and coordinator of care in relation to human responses to alterations in health. The course provides students with skills to balance the maintenance of optimal health for adult and older adult recipients of care, equitable access to care, and resource management with a focus on persons' autonomy in care decisions. Content focuses on pathophysiology, corresponding medical-surgical nursing management, and the application of nursing process in the provision of holistic care for diverse adults and older adults. Content is organized around improved health outcomes and evidence based practice models. The focus of clinical practice is continuing development of organizational skills, priority setting, critical thinking, clinical reasoning, and problem solving as the student continues to assimilate the roles of the professional nurse in complex clinical settings. Prerequisites: NURS 340 and NURS 350.

NURS 460

Leadership I: Epidemiology, Prevention & Informatics

(3 credits)

This didactic course extends a foundation in the liberal arts to application of a systems-based ecological model as a framework for understanding determinants of health in diverse populations. Senior students embrace responsibility and accountability for clinical leadership related to clinical prevention and population health. The course expands the nurse's role in stewardship of holistic human health and healing through principles of epidemiology and biostatistics, clinical prevention and harm reduction, and use of informatics to mitigate error and improve interprofessional communication and collaboration. Pre- or co-requisites: NURS 370 and NURS 410.

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NURS 470

Mental Health Nursing

(3 credits)

This didactic and clinical course addresses the principles and techniques of therapeutic communication and interprofessional collaboration as applied to working with patients who present with symptoms of mental health disorders in acute care and community-based settings. Contemporary issues in the field of mental health nursing are explored from a liberal arts foundation to attend to psychosocial, spiritual, cultural, emotional, and biophysical alterations as well as economic, legal, and ethical environments of recipients of care. Based on ANA standards of practice, the role of the nurse focuses on health promotion, disease prevention, and management for patients with mental health conditions across the life span. Students apply theoretical concepts of compassionate care and emotional support in clinical areas while working with diverse individuals, families, groups, communities, and vulnerable populations with varying levels of complexity. Prerequisites: NURS 340 and NURS 350.

NURS 480

Leadership II: Caring, Safety and Leadership

(3 credits)

This didactic and clinical leadership course focuses on the nurse as a change agent and coordinator of human, fiscal, and material resources in the health care delivery system. Clinical judgment and beginning application of management knowledge will support the establishment of priorities for nursing care and improved health outcomes. Strategies and skills of clinical reasoning necessary for the “Healing Trinity” of caring, safety, and leadership are explored and analyzed in relation to the nursing process, performance standards, and QSEN Competencies. Content emphasizes analysis and use of outcome measures to promote quality care, patient safety, and systems leadership in healthcare delivery systems. Leadership of nursing and interprofessional teams utilizing both formal and informal power to promote quality, person-focused care is explored, with a focus on the influence of cultural and spiritual factors on decision-making for diverse recipients of care. Prerequisite: NURS 460.

NURS 490

Leadership III: Leadership and Management Capstone

(6 credits)

This pass/fail capstone seminar and clinical course builds on existing knowledge and skills, focusing on the application of leadership strategies and skills necessary for the role of the nurse as a manager of care, including reflective practice, conflict management, and cultural intelligence (competence and humility). Emphasis is on development and refinement of leadership skills, collaborative care, conflict resolution, effective interprofessional communication techniques, and resource utilization and management. Students’ clinical logs will emphasize their nursing actions to establish a nurse-patient relationship, improve health outcomes, promote patient safety, and demonstrate leadership as they fulfill a capstone clinical experience as an “RN Proxy.” Prerequisites: NURS 440 and NURS 480.